



Denmark Medical Centre

WHEN TO GO TO ALBANY HOSPITAL

When you decide to go to Albany Hospital, please telephone first so they will be ready for your arrival. Call 9892 2220 and ask to be put through to Maternity Ward.

You are welcome to contact a midwife regarding any concerns at any time during your pregnancy.

It is very important that you contact Albany Hospital should one or more of the following events occur:

- Your membranes rupture (water breaks) whether you are having contractions or not. You may feel either a trickle or a large gush of fluid.
- Your contractions are occurring at regular intervals and/or are causing distress.
- You are experiencing blood loss of a quantity greater than the size of a 50cent piece.
- You have noticed a change in your baby's activity – if your baby does not move as much as it normally does or becomes very active for no apparent reason.

Antenatal Information



CONTACT DETAILS

3 Mount Shadforth Rd Denmark WA 6333

Phone: 08 9848 4111

Fax: 08 9848 2192

Email:

admin@denmarkmedicalcentre.com.au

Booking In at Albany Hospital

SHARED CARE

Midwives and Doctors have special expertise in supporting and preparing women with their partners for childbirth and early parenting.

OBSTETRIC DOCTORS AT DMC

| DOCTORS: | OTHER AREA'S OF INTEREST |
|--------------------|--|
| Dr David Ward | Obstetrics, Family Medicine, Paediatrics |
| Dr Sharon Jackson | Family Medicine, Travel Medicine, Infectious Diseases, Minor Surgery, Mental Health, Adolescent Health |
| Dr Hector Faulkner | Family Medicine, Obstetrics, Palliative Care, Anaesthetics, Minor Surgery |

PRACTICE NURSES:

Vicky Evans - RN
Deborah Parker - RN
Gina Hatcher - RN
Fleur Wych - RN

As an antenatal patient you will need to visit the Albany Regional Hospital before your baby is born, to book in and also to fill in the required antenatal information forms. We recommend this at around the 20th week of your pregnancy.

Your visit will have the added benefit of familiarizing yourself with the hospital and staff, as well as discussing with them any special concerns or requirements you may have with regard to your hospitalization.

Denmark Health Service also provides antenatal checks with a registered midwife and childbirth education for you and your partner. The education involves a Midwife, Child Health Nurse and Physiotherapist. Education can be arranged 1 on 1 or classes can be scheduled if appropriate. To book, please phone Denmark Health Service on 9848 0600 and arrange a time to meet with the midwife.



PREPARING FOR PARENTHOOD

Experienced Midwives, Child Health Nurses and Physiotherapists conduct comprehensive education classes that cover all aspects of labour, relaxation, birth and breastfeeding. Parenting skills are also included.

These classes are designed for new parents as well as experienced mothers to enhance your skills and confidence about the birth process, and to provide an update on breastfeeding and other issues.

Please contact the Denmark Health Service on 9848 0600 for further information and a class timetable, or discuss with your midwife at your next antenatal visit.